

# Parents

# Poll

12/04/2016

Prepared on behalf of the National Childbirth Trust (NCT)



# Methodology

## Fieldwork Dates

10<sup>th</sup> March – 9<sup>th</sup> April 2016

## Data Collection Method

The survey was conducted via online panel. Invitations to complete surveys were sent out to members of the panel. Differential response rate taken from different demographic groups were taken into account

## Population Sampled

All residents aged 18+ in the UK with a child aged under 2 years old

## Sample Size

1515

## Data Weighting

Data were weighted to the profile of all adults aged 18+ in the UK with a child aged under 2 years old. Data were weighted by age, sex, and region. Targets for the weighted data were derived from Office of National Statistics data.

## Margin of Error

Because only a sample of the full population was interviewed, all results are subject to margin of error, meaning that not all differences are statistically significant. For example, in a question where 50% (the worst case scenario as far as margin of error is concerned) gave a particular answer, with a sample of 1515 it is 95% certain that the 'true' value will fall within the range of 2.5% from the sample result. Subsamples from the cross-breaks will be subject to higher margin of error, conclusions drawn from crossbreaks with very small sub-samples should be treated with caution.

## Question Presentation

All data tables shown in full below, in order and wording put to respondents, including but not limited to all tables relating to published data and all relevant tables preceding them. Tables for demographic questions might not be included but these should be clear from the cross-breaks on published tables. In all questions where the responses are a list of parties, names or statements, these will typically have been displayed to respondents in a randomising order. The only questions which would not have had randomising responses would be those in which there was a natural order to maintain – e.g. a scale from “strongly agree” to “strongly disagree”, a list of numbers from 0 to 10 or questions which had factual rather than opinion-related answers such as demographic information. “Other”, “Don't know” and “Refused” responses are not prompted.

Not all questions will have necessarily been asked to all respondents – this is because they may be follow-on questions from previous questions or only appropriate to certain demographic groups. Lower response counts should make clear where this has occurred.

Data were analysed and weighted by Suration.

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Table 22

Q22. Normal weightings

Q22. Were there any issues that you are or were embarrassed to talk about to your midwife, health visitor and / or GP? Difficulties bonding with your baby

Base: Female Respondents

	Sex		Age			Region7 + 1								Fathers			Mothers			
	Male	Female	18-24	25-34	35+	London	Midlands	North	South	England	Scotland	Wales	NI	18-24	25-34	35+	18-24	25-34	35+	
Unweighted Total	1012	-	1012	148	580	284	107	163	280	323	873	58	54	27	-	-	-	148	580	284
Weighted Total	758	-	758	129	426	202	109	121	192	222	644	47	44	22	-	-	-	129	426	202
Was/am embarrassed to talk about	90	-	90	20	51	18	12	9	23	29	74	2	10	3	-	-	-	20	51	18
11.8%	-	-	11.8%	15.5%	12.1%	9.0%	11.2%	7.8%	11.9%	13.1%	11.4%	5.0%	23.3%	15.3%	-	-	-	15.5%	12.1%	9.0%
Was not embarrassed to talk about	150	-	150	32	83	36	34	30	34	35	132	6	8	3	-	-	-	32	83	36
19.8%	-	-	19.8%	24.5%	19.4%	17.6%	30.9%	24.5%	17.8%	15.6%	20.5%	13.9%	17.9%	14.8%	-	-	-	24.5%	19.4%	17.6%
Not applicable / I did not experience this issue	518	-	518	78	292	148	63	82	135	158	438	38	26	15	-	-	-	78	292	148
68.3%	-	-	68.3%	60.0%	68.5%	73.4%	57.9%	67.7%	70.2%	71.2%	68.0%	81.1%	58.8%	69.8%	-	-	-	60.0%	68.5%	73.4%
SIGMA	758	-	758	129	426	202	109	121	192	222	644	47	44	22	-	-	-	129	426	202
100.0%	-	-	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	-	-	-	100.0%	100.0%	100.0%

## Additional Questions

**Q1. How many different midwives did you see during your most recent pregnancy?**

- a) 0
- b) 1
- c) 2
- d) 3
- e) 4
- f) 5
- g) 6
- h) 7
- i) 8
- j) 9
- k) 10
- l) More than 10

**Q2. Which of these statements best applies to you?**

- a) I had not previously met any of the midwives who cared for me whilst I was in labour
- b) I had previously met some but not all of the midwives who cared for me whilst I was in labour
- c) I had previously met all of the midwives who cared for me whilst I was in labour

**Q3. Thinking about your maternity/paternity pay following the birth of your most recent child, which of the following statements best applies to you?**

- a) My income was not reduced
- b) I found it very easy to manage on a reduced income
- c) I found it quite easy to manage on a reduced income
- d) I found it quite hard to manage on a reduced income
- e) I found it very hard to manage on a reduced income

**Q4. Comparing your pre-birth and post-birth experiences as a new parent, have you had to cut back on spending for any of the following? Household bills (e.g. fuel and power)**

- a) Have cut back on spending
- b) Have not cut back on spending

**Q5. Comparing your pre-birth and post-birth experiences as a new parent, have you had to cut back on spending for any of the following? Transport**

- a) Have cut back on spending
- b) Have not cut back on spending

**Q6. Comparing your pre-birth and post-birth experiences as a new parent, have you had to cut back on spending for any of the following? Food and non-alcoholic drinks**

- a) Have cut back on spending
- b) Have not cut back on spending

**Q7. Comparing your pre-birth and post-birth experiences as a new parent, have you had to cut back on spending for any of the following? Alcoholic drinks and tobacco**

- a) Have cut back on spending
- b) Have not cut back on spending

**Q8. Comparing your pre-birth and post-birth experiences as a new parent, have you had to cut back on spending for any of the following? Restaurants and hotels**

- a) Have cut back on spending
- b) Have not cut back on spending

**Q9. Comparing your pre-birth and post-birth experiences as a new parent, have you had to cut back on spending for any of the following? Recreation and culture (e.g. cinema, theatre, days out)**

- a) Have cut back on spending
- b) Have not cut back on spending

**Q10. Comparing your pre-birth and post-birth experiences as a new parent, have you had to cut back on spending for any of the following? Clothing and footwear**

- a) Have cut back on spending
- b) Have not cut back on spending

**Q11. Comparing your pre-birth and post-birth experiences as a new parent, have you had to cut back on spending for any of the following? Savings accounts**

- a) Have cut back on spending
- b) Have not cut back on spending

**Q12. Comparing your pre-birth and post-birth experiences as a new parent, have you had to cut back on spending for any of the following? Communication (e.g. phone or internet)**

- a) Have cut back on spending
- b) Have not cut back on spending

**Q13. Comparing your pre-birth and post-birth experiences as a new parent, have you had to cut back on spending for any of the following? Spending on other family members**

- a) Have cut back on spending
- b) Have not cut back on spending

**Q14. Comparing your pre-birth and post-birth experiences as a new parent, have you had to cut back on spending for any of the following? Health (including sport/exercise)**

- a) Have cut back on spending
- b) Have not cut back on spending

**Q15. Were there any issues that you are or were embarrassed to talk about to your midwife, health visitor and / or GP?  
Incontinence**

- a) Was/am embarrassed to talk about
- b) Was not embarrassed to talk about
- Not applicable / I did not experience this issue

**Q16. Were there any issues that you are or were embarrassed to talk about to your midwife, health visitor and / or GP? Sex after birth**

- a) Was/am embarrassed to talk about
- b) Was not embarrassed to talk about
- c) Not applicable / I did not experience this issue

**Q17. Were there any issues that you are or were embarrassed to talk about to your midwife, health visitor and / or GP? Changes to your body shape or weight after pregnancy and birth**

- a) Was/am embarrassed to talk about
- b) Was not embarrassed to talk about
- c) Not applicable / I did not experience this issue

**Q18. Were there any issues that you are or were embarrassed to talk about to your midwife, health visitor and / or GP? Sore or leaking breasts**

- a) Was/am embarrassed to talk about
- b) Was not embarrassed to talk about
- c) Not applicable / I did not experience this issue

**Q19. Were there any issues that you are or were embarrassed to talk about to your midwife, health visitor and / or GP? Vaginal healing/stitches/tears**

- a) Was/am embarrassed to talk about
- b) Was not embarrassed to talk about
- c) Not applicable / I did not experience this issue

**Q20. Were there any issues that you are or were embarrassed to talk about to your midwife, health visitor and / or GP? Mental health/feeling low or anxious**

- a) Was/am embarrassed to talk about
- b) Was not embarrassed to talk about
- c) Not applicable / I did not experience this issue



**Q21. Were there any issues that you are or were embarrassed to talk about to your midwife, health visitor and / or GP?**

**Changes in your relationship with your partner**

- a) Was/am embarrassed to talk about
- b) Was not embarrassed to talk about
- c) Not applicable / I did not experience this issue